

STRONG WILLED CHILD PARENTING DOBSON

STRONG WILLED CHILD PARENTING DOBSON IS A TOPIC THAT ADDRESSES THE CHALLENGES AND STRATEGIES INVOLVED IN RAISING CHILDREN WHO EXHIBIT STRONG DETERMINATION, INDEPENDENCE, AND PERSISTENCE. DR. JAMES DOBSON, A RENOWNED FAMILY PSYCHOLOGIST AND AUTHOR, HAS PROVIDED VALUABLE INSIGHTS INTO MANAGING AND NURTURING STRONG WILLED CHILDREN EFFECTIVELY. THIS ARTICLE EXPLORES DOBSON'S APPROACH TO STRONG WILLED CHILD PARENTING, FOCUSING ON UNDERSTANDING THE UNIQUE TRAITS OF THESE CHILDREN, APPLYING CONSISTENT DISCIPLINE, AND FOSTERING A HEALTHY PARENT-CHILD RELATIONSHIP. BY INTEGRATING DOBSON'S PRINCIPLES, PARENTS CAN LEARN TO CHANNEL THEIR CHILD'S STRONG WILL INTO POSITIVE OUTCOMES WITHOUT RESORTING TO HARSH MEASURES. THE DISCUSSION INCLUDES PRACTICAL TIPS, COMMON PITFALLS TO AVOID, AND THE IMPORTANCE OF EMPATHY AND STRUCTURE IN UPBRINGING. A COMPREHENSIVE UNDERSTANDING OF STRONG WILLED CHILD PARENTING DOBSON STYLE IS ESSENTIAL FOR GUIDING THESE CHILDREN TOWARD BECOMING RESPONSIBLE AND WELL-ADJUSTED ADULTS. THE FOLLOWING SECTIONS WILL DELVE INTO THE KEY COMPONENTS OF THIS PARENTING PHILOSOPHY.

- UNDERSTANDING STRONG WILLED CHILDREN
- JAMES DOBSON'S PARENTING PHILOSOPHY
- EFFECTIVE DISCIPLINE STRATEGIES FOR STRONG WILLED CHILDREN
- BUILDING A POSITIVE PARENT-CHILD RELATIONSHIP
- PRACTICAL TIPS FOR DAILY PARENTING CHALLENGES

UNDERSTANDING STRONG WILLED CHILDREN

STRONG WILLED CHILDREN ARE CHARACTERIZED BY THEIR DETERMINATION, INDEPENDENCE, AND OFTEN INTENSE DESIRE TO CONTROL THEIR ENVIRONMENT. THESE CHILDREN DISPLAY A HEIGHTENED LEVEL OF PERSISTENCE AND ARE NOT EASILY SWAYED BY EXTERNAL INFLUENCE, WHICH CAN LEAD TO FREQUENT POWER STRUGGLES WITH PARENTS AND CAREGIVERS. UNDERSTANDING THE NATURE OF A STRONG WILLED CHILD IS THE FIRST STEP IN EFFECTIVE PARENTING, AS IT ALLOWS CAREGIVERS TO RESPOND APPROPRIATELY RATHER THAN REACT IMPULSIVELY TO CHALLENGING BEHAVIORS. SUCH CHILDREN TYPICALLY HAVE A STRONG SENSE OF SELF AND ARE HIGHLY MOTIVATED, WHICH CAN BE BOTH A STRENGTH AND A CHALLENGE IN PARENTING DYNAMICS.

TRAITS OF STRONG WILLED CHILDREN

STRONG WILLED CHILDREN EXHIBIT SEVERAL DISTINCT TRAITS THAT SET THEM APART FROM THEIR PEERS. THESE INCLUDE A STRONG DESIRE FOR AUTONOMY, A TENDENCY TO RESIST AUTHORITY, AND A HIGH LEVEL OF EMOTIONAL INTENSITY. THEY OFTEN QUESTION RULES AND SEEK TO ASSERT THEIR OPINIONS. RECOGNIZING THESE TRAITS HELPS PARENTS TAILOR THEIR APPROACH TO MEET THE CHILD'S NEEDS WITHOUT ESCALATING CONFLICTS.

CHALLENGES FACED BY PARENTS

PARENTING A STRONG WILLED CHILD CAN BE CHALLENGING DUE TO FREQUENT DISAGREEMENTS AND RESISTANCE TO DIRECTIVES. PARENTS MAY EXPERIENCE FRUSTRATION OR FEEL OVERWHELMED BY THE CHILD'S PERSISTENT NATURE. WITHOUT EFFECTIVE STRATEGIES, THESE DYNAMICS CAN LEAD TO STRAINED RELATIONSHIPS AND BEHAVIORAL ISSUES. UNDERSTANDING THESE CHALLENGES IS CRUCIAL FOR DEVELOPING PATIENCE AND EMPLOYING CONSTRUCTIVE DISCIPLINE TECHNIQUES.

JAMES DOBSON'S PARENTING PHILOSOPHY

JAMES DOBSON'S APPROACH TO PARENTING STRONG WILLED CHILDREN EMPHASIZES A BALANCE BETWEEN FIRM AUTHORITY AND COMPASSIONATE UNDERSTANDING. HE ADVOCATES FOR PARENTS TO MAINTAIN CONSISTENT LEADERSHIP WHILE RESPECTING THE CHILD'S INDIVIDUALITY. DOBSON'S PHILOSOPHY IS GROUNDED IN THE BELIEF THAT CHILDREN NEED CLEAR BOUNDARIES AND CONSEQUENCES BUT ALSO REQUIRE NURTURING TO DEVELOP SELF-DISCIPLINE AND MORAL CHARACTER.

CORE PRINCIPLES OF DOBSON'S APPROACH

DOBSON'S PARENTING PHILOSOPHY RESTS ON SEVERAL CORE PRINCIPLES: CONSISTENT DISCIPLINE, UNCONDITIONAL LOVE, AND RESPONSIBLE AUTHORITY. HE ENCOURAGES PARENTS TO SET CLEAR EXPECTATIONS AND FOLLOW THROUGH WITH CONSEQUENCES IN A CALM AND CONTROLLED MANNER. AT THE SAME TIME, HE STRESSES THE IMPORTANCE OF AFFIRMING THE CHILD'S WORTH AND LISTENING TO THEIR PERSPECTIVE TO FOSTER TRUST.

THE ROLE OF AUTHORITY AND STRUCTURE

ACCORDING TO DOBSON, AUTHORITY AND STRUCTURE ARE VITAL IN MANAGING STRONG WILLED CHILDREN. HE ADVISES PARENTS TO ESTABLISH FIRM RULES AND ROUTINES THAT PROVIDE A SENSE OF SECURITY. HOWEVER, THIS AUTHORITY SHOULD NOT BE AUTHORITARIAN; RATHER, IT SHOULD BE EXERCISED WITH FAIRNESS AND RESPECT. THIS APPROACH HELPS CHANNEL THE CHILD'S STRONG WILL INTO POSITIVE COOPERATION RATHER THAN REBELLION.

EFFECTIVE DISCIPLINE STRATEGIES FOR STRONG WILLED CHILDREN

DISCIPLINE IS A CORNERSTONE OF STRONG WILLED CHILD PARENTING DOBSON ADVOCATES, BUT IT MUST BE IMPLEMENTED THOUGHTFULLY TO AVOID POWER STRUGGLES. THE GOAL IS TO GUIDE THE CHILD TOWARD SELF-CONTROL AND RESPONSIBLE BEHAVIOR WITHOUT DAMAGING THE PARENT-CHILD RELATIONSHIP. DOBSON'S STRATEGIES FOCUS ON CLARITY, CONSISTENCY, AND CALMNESS IN DISCIPLINE.

CONSISTENCY AND CLEAR EXPECTATIONS

STRONG WILLED CHILDREN RESPOND BEST TO CONSISTENT RULES AND CLEAR EXPECTATIONS. DOBSON RECOMMENDS THAT PARENTS CLEARLY COMMUNICATE WHAT BEHAVIORS ARE ACCEPTABLE AND THE CONSEQUENCES OF MISBEHAVIOR. CONSISTENCY IN ENFORCING RULES PREVENTS CONFUSION AND DIMINISHES ATTEMPTS TO TEST BOUNDARIES.

CALM AND CONTROLLED RESPONSES

WHEN ADDRESSING CHALLENGING BEHAVIORS, DOBSON ADVISES PARENTS TO REMAIN CALM AND AVOID EMOTIONAL REACTIONS. A CONTROLLED RESPONSE MODELS SELF-DISCIPLINE AND REDUCES ESCALATION. THIS APPROACH ALSO HELPS MAINTAIN THE PARENT'S AUTHORITY AND KEEPS THE INTERACTION PRODUCTIVE RATHER THAN CONFRONTATIONAL.

USE OF NATURAL AND LOGICAL CONSEQUENCES

DOBSON EMPHASIZES THE EFFECTIVENESS OF NATURAL AND LOGICAL CONSEQUENCES OVER ARBITRARY PUNISHMENTS. FOR EXAMPLE, IF A CHILD REFUSES TO COMPLETE THEIR HOMEWORK, THE NATURAL CONSEQUENCE MIGHT BE A LOWER GRADE RATHER THAN A SEPARATE PUNISHMENT. THIS METHOD TEACHES RESPONSIBILITY AND CAUSE-EFFECT RELATIONSHIPS IN A REALISTIC CONTEXT.

BUILDING A POSITIVE PARENT-CHILD RELATIONSHIP

STRONG WILLED CHILD PARENTING DOBSON STYLE PLACES SIGNIFICANT IMPORTANCE ON NURTURING A POSITIVE AND TRUSTING RELATIONSHIP. A SECURE BOND BETWEEN PARENT AND CHILD LAYS THE FOUNDATION FOR COOPERATION AND MUTUAL RESPECT. DOBSON ENCOURAGES PARENTS TO ENGAGE IN ACTIVE LISTENING AND EXPRESS EMPATHY TO CONNECT WITH THEIR STRONG WILLED CHILDREN EMOTIONALLY.

ACTIVE LISTENING AND EMPATHY

ACTIVE LISTENING INVOLVES FULLY CONCENTRATING ON THE CHILD'S WORDS AND FEELINGS WITHOUT IMMEDIATE JUDGMENT OR INTERRUPTION. DOBSON HIGHLIGHTS THIS AS A MEANS TO VALIDATE THE CHILD'S EMOTIONS AND DEMONSTRATE RESPECT FOR THEIR VIEWPOINT. EMPATHY HELPS PARENTS UNDERSTAND THE MOTIVATION BEHIND THE CHILD'S STRONG WILL AND RESPOND APPROPRIATELY.

AFFIRMATION AND ENCOURAGEMENT

AFFIRMING A CHILD'S STRENGTHS AND EFFORTS BUILDS SELF-ESTEEM, WHICH IS CRUCIAL FOR STRONG WILLED CHILDREN WHO OFTEN FACE CRITICISM DUE TO THEIR CHALLENGING BEHAVIORS. DOBSON ADVISES PARENTS TO RECOGNIZE AND PRAISE POSITIVE BEHAVIORS CONSISTENTLY, REINFORCING DESIRABLE TRAITS AND ENCOURAGING CONTINUED GROWTH.

PRACTICAL TIPS FOR DAILY PARENTING CHALLENGES

IMPLEMENTING DOBSON'S PRINCIPLES IN EVERYDAY PARENTING SITUATIONS REQUIRES PRACTICAL STRATEGIES TAILORED TO THE REALITIES OF RAISING A STRONG WILLED CHILD. THESE TIPS HELP PARENTS MAINTAIN CONSISTENCY AND REDUCE CONFLICT WHILE PROMOTING POSITIVE BEHAVIOR.

1. **ESTABLISH PREDICTABLE ROUTINES:** REGULAR SCHEDULES PROVIDE SECURITY AND REDUCE RESISTANCE TO TRANSITIONS.
2. **OFFER LIMITED CHOICES:** GIVING CHILDREN OPTIONS WITHIN BOUNDARIES HELPS SATISFY THEIR NEED FOR CONTROL.
3. **PICK YOUR BATTLES WISELY:** FOCUS ON IMPORTANT ISSUES TO AVOID UNNECESSARY POWER STRUGGLES.
4. **USE POSITIVE REINFORCEMENT:** REWARD GOOD BEHAVIOR TO MOTIVATE COMPLIANCE AND COOPERATION.
5. **STAY PATIENT AND PERSISTENT:** CONSISTENT APPLICATION OF RULES OVER TIME YIELDS THE BEST RESULTS.
6. **MODEL RESPECTFUL BEHAVIOR:** CHILDREN LEARN BY EXAMPLE, SO PARENTS SHOULD DEMONSTRATE THE BEHAVIOR THEY EXPECT.

FREQUENTLY ASKED QUESTIONS

WHO IS DR. JAMES DOBSON AND WHAT IS HIS APPROACH TO PARENTING A STRONG-WILLED CHILD?

DR. JAMES DOBSON IS A WELL-KNOWN PSYCHOLOGIST AND FOUNDER OF FOCUS ON THE FAMILY. HIS APPROACH TO PARENTING A STRONG-WILLED CHILD EMPHASIZES FIRM BUT LOVING DISCIPLINE, CONSISTENT BOUNDARIES, AND UNDERSTANDING THE CHILD'S UNIQUE PERSONALITY TO GUIDE THEM EFFECTIVELY.

WHAT STRATEGIES DOES DOBSON RECOMMEND FOR MANAGING DEFIANT BEHAVIOR IN STRONG-WILLED CHILDREN?

DOBSON RECOMMENDS USING CLEAR AND CONSISTENT RULES, POSITIVE REINFORCEMENT, AND CONSEQUENCES THAT ARE FAIR AND IMMEDIATE. HE ALSO STRESSES THE IMPORTANCE OF MAINTAINING AUTHORITY WHILE SHOWING EMPATHY AND RESPECT TO HELP STRONG-WILLED CHILDREN LEARN SELF-CONTROL.

HOW CAN PARENTS APPLY DOBSON'S ADVICE TO BUILD A STRONG RELATIONSHIP WITH A STRONG-WILLED CHILD?

PARENTS CAN BUILD A STRONG RELATIONSHIP BY COMBINING FIRMNESS WITH WARMTH, ACTIVELY LISTENING TO THEIR CHILD'S FEELINGS, ENCOURAGING OPEN COMMUNICATION, AND CONSISTENTLY DEMONSTRATING LOVE AND SUPPORT, WHICH HELPS STRONG-WILLED CHILDREN FEEL SECURE AND UNDERSTOOD.

WHAT ROLE DOES FAITH OR SPIRITUALITY PLAY IN DOBSON'S PARENTING GUIDANCE FOR STRONG-WILLED CHILDREN?

DOBSON OFTEN INTEGRATES FAITH AND SPIRITUALITY INTO HIS PARENTING GUIDANCE, SUGGESTING THAT SPIRITUAL PRINCIPLES SUCH AS PATIENCE, FORGIVENESS, AND MORAL TEACHING CAN PROVIDE A FOUNDATION FOR RAISING STRONG-WILLED CHILDREN WITH CHARACTER AND RESILIENCE.

ARE THERE ANY COMMON MISCONCEPTIONS ABOUT DOBSON'S METHODS FOR PARENTING STRONG-WILLED CHILDREN?

A COMMON MISCONCEPTION IS THAT DOBSON ADVOCATES FOR AUTHORITARIAN OR HARSH DISCIPLINE; HOWEVER, HIS METHODS FOCUS ON BALANCED PARENTING THAT COMBINES FIRMNESS WITH COMPASSION, AIMING TO NURTURE RESPONSIBLE AND RESPECTFUL CHILDREN RATHER THAN SIMPLY ENFORCING OBEDIENCE.

ADDITIONAL RESOURCES

1. *THE STRONG-WILLED CHILD: BIRTH THROUGH ADOLESCENCE* BY DR. JAMES DOBSON

THIS CLASSIC BOOK BY DR. JAMES DOBSON PROVIDES PRACTICAL ADVICE FOR PARENTS RAISING STRONG-WILLED CHILDREN. IT OFFERS INSIGHTS INTO UNDERSTANDING THE TEMPERAMENT OF STRONG-WILLED KIDS AND STRATEGIES TO GUIDE THEM WITH LOVE AND FIRMNESS. THE BOOK EMPHASIZES CONSISTENCY, PATIENCE, AND CLEAR BOUNDARIES TO HELP CHANNEL A CHILD'S WILLFULNESS INTO POSITIVE BEHAVIORS.

2. *PARENTING THE STRONG-WILLED CHILD: THE CLINICALLY PROVEN FIVE-WEEK PROGRAM FOR PARENTS OF TWO- TO SIX-YEAR-OLDS* BY REX FOREHAND AND NICHOLAS LONG

THIS BOOK PRESENTS A STRUCTURED, EVIDENCE-BASED PROGRAM TAILORED FOR PARENTS OF STRONG-WILLED YOUNG CHILDREN. IT COMBINES BEHAVIORAL TECHNIQUES WITH COMPASSIONATE PARENTING TO REDUCE POWER STRUGGLES AND IMPROVE COOPERATION. THE STEP-BY-STEP APPROACH HELPS PARENTS BUILD A STRONGER RELATIONSHIP WITH THEIR CHILD WHILE MANAGING CHALLENGING BEHAVIOR.

3. *RAISING YOUR SPIRITED CHILD* BY MARY SHEEDY KURCINKA

FOCUSING ON CHILDREN WITH INTENSE AND STRONG-WILLED PERSONALITIES, THIS BOOK OFFERS UNDERSTANDING AND PRACTICAL ADVICE FOR PARENTS. IT EXPLAINS HOW TO RECOGNIZE AND HONOR A SPIRITED CHILD'S TRAITS WHILE SETTING APPROPRIATE LIMITS. THE AUTHOR PROVIDES STRATEGIES TO REDUCE CONFLICT AND PROMOTE A HARMONIOUS FAMILY ENVIRONMENT.

4. *NO-DRAMA DISCIPLINE: THE WHOLE-BRAIN WAY TO CALM THE CHAOS AND NURTURE YOUR CHILD'S DEVELOPING MIND* BY DANIEL J. SIEGEL AND TINA PAYNE BRYSON

WHILE NOT EXCLUSIVELY ABOUT STRONG-WILLED CHILDREN, THIS BOOK EQUIPS PARENTS WITH EFFECTIVE DISCIPLINE TECHNIQUES THAT FOSTER EMOTIONAL DEVELOPMENT. IT TEACHES HOW TO CONNECT WITH CHILDREN DURING CHALLENGING MOMENTS AND GUIDE THEM WITH EMPATHY AND CLEAR BOUNDARIES. THE METHODS HELP TRANSFORM POWER STRUGGLES INTO OPPORTUNITIES FOR LEARNING AND GROWTH.

5. *STRONG-WILLED CHILDREN, CHALLENGING PARENTS: HOW TO BREAK THE CYCLE OF CONFLICT AND CREATE PEACE* BY DR. LINDA ANDERSON

THIS BOOK DELVES INTO THE DYNAMICS BETWEEN STRONG-WILLED CHILDREN AND THEIR PARENTS, OFFERING STRATEGIES TO BREAK NEGATIVE PATTERNS. IT EMPHASIZES UNDERSTANDING THE ROOT CAUSES OF DEFIANCE AND PROVIDES TOOLS FOR EFFECTIVE COMMUNICATION AND CONFLICT RESOLUTION. PARENTS LEARN TO FOSTER COOPERATION WITHOUT SACRIFICING THEIR AUTHORITY.

6. *THE EXPLOSIVE CHILD: A NEW APPROACH FOR UNDERSTANDING AND PARENTING EASILY FRUSTRATED, CHRONICALLY INFLEXIBLE CHILDREN* BY ROSS W. GREENE

THIS INFLUENTIAL BOOK ADDRESSES CHILDREN WHO ARE STRONG-WILLED AND PRONE TO INTENSE EMOTIONAL OUTBURSTS. IT INTRODUCES A COLLABORATIVE PROBLEM-SOLVING APPROACH THAT RESPECTS THE CHILD'S PERSPECTIVE WHILE SETTING CLEAR EXPECTATIONS. PARENTS GAIN PRACTICAL TOOLS TO REDUCE CONFLICTS AND SUPPORT EMOTIONAL REGULATION.

7. *HOW TO TALK SO KIDS WILL LISTEN & LISTEN SO KIDS WILL TALK* BY ADELE FABER AND ELAINE MAZLISH

THIS WELL-KNOWN PARENTING BOOK OFFERS COMMUNICATION TECHNIQUES THAT ARE ESPECIALLY HELPFUL FOR STRONG-WILLED CHILDREN. IT TEACHES PARENTS HOW TO ENCOURAGE COOPERATION AND EXPRESS EMPATHY WITHOUT GIVING IN TO POWER STRUGGLES. THE BOOK IS FILLED WITH PRACTICAL EXAMPLES AND EXERCISES TO IMPROVE PARENT-CHILD INTERACTIONS.

8. *PEACEFUL PARENT, HAPPY KIDS: HOW TO STOP YELLING AND START CONNECTING* BY DR. LAURA MARKHAM

DR. MARKHAM'S BOOK ADVOCATES FOR GENTLE, EMPATHETIC PARENTING THAT STRENGTHENS THE BOND WITH STRONG-WILLED CHILDREN. IT PROVIDES STRATEGIES FOR MANAGING STRESS AND RESPONDING CALMLY TO CHALLENGING BEHAVIOR. THE FOCUS IS ON NURTURING EMOTIONAL INTELLIGENCE AND FOSTERING MUTUAL RESPECT WITHIN THE FAMILY.

9. *RAISING YOUR STRONG-WILLED CHILD: SEVEN STEPS TO SUCCESS BY UNDERSTANDING YOUR CHILD'S TEMPERAMENT* BY MARY ANNE RICHEY

THIS BOOK GUIDES PARENTS THROUGH UNDERSTANDING AND EMBRACING THEIR CHILD'S STRONG-WILLED TEMPERAMENT. IT OFFERS PRACTICAL STEPS TO NURTURE THE CHILD'S STRENGTHS WHILE ADDRESSING BEHAVIORAL CHALLENGES. THE APPROACH ENCOURAGES POSITIVE DISCIPLINE AND EFFECTIVE COMMUNICATION TO BUILD A COOPERATIVE RELATIONSHIP.

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Discipline a child without breaking his or her spirit.

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Is a willful little darling driving you to distraction? The New Strong-Willed Child is the

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strong willed child parenting dobson: **The Strong-Willed Child - Member Book** James C. Dobson, Ryan Dobson, 2014-09 The Strong-Willed Child - Member Book provides a personal study experience and leader helps for this four-session study on child defiance by James Dobson.

strong willed child parenting dobson: *The New Strong-Willed Child Workbook* James C. Dobson, 2005-04-11 Through real-life example and case studies, this workbook equips parents, either individually or in a small group setting, with practical skills so that they can competently raise their strong-willed child.

strong willed child parenting dobson: *The New Dare to Discipline* James C. Dobson, 2014-08-22 Much-needed answers to your toughest parenting questions! Why are boundaries so important? Do children really want limits set on their behavior? My spouse doesn't seem to care about discipline; why I am I stuck being the "bad guy?" Is it okay to spank my child, or will it lead him to hit others and become a violent person? Join the millions of caring parents who have found answers in the wisdom of parenting authority and family counselor Dr. James Dobson. *The New Dare to Discipline* is a revised and updated edition of the classic bestseller, designed to help you lead your children through the tough job of growing up. This practical, reassuring guide will teach you how to meet your children's needs of love, trust, affection—and discipline. (This new edition is part of Dr. James Dobson's Building A Family Legacy initiative.)

strong willed child parenting dobson: **The Strong Willed Child** James C. Dobson, 1987

strong willed child parenting dobson: Summary of James C. Dobson's The New Strong-Willed Child Everest Media,, 2022-06-13T22:59:00Z Please note: This is a companion version & not the original book. Sample Book Insights: #1 The strength of the will is a characteristic that some children seem to be born with. These children are easy to raise, and they never spit up on the way to church. #2 The Strong-Willed Child was written in 1978, and since then, much has changed with regards to how we raise children. The book was revised to reflect this new information. #3 The author's original intent was to help parents raise strong-willed children, but today's parents are facing many more challenges than they did when the book was first written. They need a well-designed game plan to navigate through those challenges. #4 The author's friend was a recreational pilot who flew toward his home base when he was younger. He could not see the hazy runway below because of the sun's setting behind a mountain. He flew his plane around in the blackness of the night, afraid of death.

strong willed child parenting dobson: Dr. Dobson Answers Your Questions: Raising children James C. Dobson, 1992

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strong willed child parenting dobson: **Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds, Third Edition** Rex Forehand, Nicholas Long, 2010-08-06 A clinically proven, five-week program for improving your child's behavior Rex Forehand, Ph.D. and Nicholas Long Ph.D. have helped thousands of parents achieve discipline using positive reinforcement, without yelling or harming the child's self-esteem. Their clinically proven, five-week program gives you the tools you need to successfully manage your

child's behavior, giving specific factors that cause or contribute to disruptive behavior; ways to develop a more positive atmosphere in your family and home; and strategies for managing specific behavior problems. The completely revised and updated edition includes: new information, based on research, about child temperament; new chapter on the hot topic of play as a means of strengthening parent-child relationship; new section on collaborative disciplining with preschool teachers; expanded section about depression and stress linked to parenting; new research findings about ADHD and its treatment. Uncover the specific factors that contribute to your child's disruptive behavior. Identify with real-life parent testimonials and discover strategies for managing specific behavior problems. Authors Rex Forehand, Ph.D., and Nicholas Long, Ph.D., are experts in the field of child psychology. New research highlights the scientific foundation behind the program. Topics include: Understanding Your Strong-Willed Child's Behavior; Strong-Willed Behavior and How It All Begins; Why Is My Child Becoming Even More Strong-Willed?; It Takes More than Just Good Parenting; Does My Child Have ADHD?; Addressing Strong-Willed Behavior: A Five-Week Program; Does My Child's Behavior Really Need to Change?; Week 1: Attending; Week 2: Rewarding; Week 3: Ignoring; Week 4: Giving Directions; Week 5: Using Time-Outs; Integrating Your Parenting Skills; Creating a Positive Climate for Behavior Change; Creating a More Positive Home; Improving Your Communication Skills; Developing More Patience; Building Positive Self-Esteem; Helping Your Child Solve Problems with Peers; Solving Some Common Behavior Problems: Additional Recommendations; Specific Problem Behaviors

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strong willed child parenting dobson: The Dr. James Dobson Parenting Collection James C. Dobson, 2011-03-01 Compiles three previously published works that discuss the author's approach to parenting, strategies for disciplining difficult children, and tips for dealing with the problems that children face.

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