

itzhak bentov author

itzhak bentov author is a name that resonates deeply within the fields of consciousness studies, spirituality, and the intersection of science and mysticism. Known primarily as an inventor and engineer, Itzhak Bentov also gained recognition as an author who explored complex ideas about human consciousness, the nature of reality, and the mechanics of the universe. His writings continue to inspire a diverse audience interested in the synthesis of scientific principles with metaphysical insights. This article provides an in-depth look at Itzhak Bentov's contributions as an author, examining his major works, key concepts, and the lasting impact of his literary output. Readers will gain an understanding of Bentov's unique perspective, his integration of scientific knowledge with spiritual inquiry, and how his writings remain relevant in contemporary discussions.

- Biography and Background of Itzhak Bentov
- Major Works of Itzhak Bentov Author
- Key Themes and Concepts in Bentov's Writings
- Scientific and Spiritual Integration in Bentov's Philosophy
- Legacy and Influence of Itzhak Bentov Author

Biography and Background of Itzhak Bentov

Understanding the life and background of Itzhak Bentov is essential to appreciating his contributions as an author. Born in Czechoslovakia in 1923, Bentov was an inventor, engineer, and mystic who immigrated to Israel and later to the United States. His diverse background in engineering and interest in mysticism allowed him to bridge two seemingly disparate worlds. Bentov's professional expertise in biomedical engineering and his fascination with consciousness studies shaped his unique approach to exploring the mysteries of existence. His career was marked by numerous inventions and patents, but it was his intellectual curiosity that drove him to author works that transcended conventional scientific literature.

Early Life and Education

Itzhak Bentov's early years were marked by a strong foundation in science and technology. He studied mechanical engineering and later specialized in biomedical engineering. His academic and professional path provided him with a solid understanding of physical systems, which he later applied metaphorically and literally in his exploration of consciousness and the human body. Bentov's exposure to various cultural and philosophical traditions during his formative years also influenced his holistic worldview.

Professional Career

Bentov worked as an inventor and engineer, securing multiple patents related to medical devices. His technical achievements were notable, but his true passion lay in investigating the relationship between the physical body and consciousness. This dual focus on the tangible and intangible aspects of existence positioned him uniquely as an author who could translate complex scientific ideas into accessible metaphysical concepts.

Major Works of Itzhak Bentov Author

Itzhak Bentov's authorship is best known through several key publications that explore the nature of consciousness, the universe, and the human experience. His literary output, though not voluminous, is profound and continues to influence readers interested in the convergence of science and spirituality.

“Stalking the Wild Pendulum”

Published in 1977, “Stalking the Wild Pendulum: On the Mechanics of Consciousness” is Bentov's seminal work and is often cited as his most influential book. In this text, Bentov presents a model of the human body and consciousness as interconnected vibratory systems. He explores the idea that consciousness is not localized to the brain but is a dynamic, oscillating field that interacts with the entire body and the cosmos. The book combines scientific explanations with spiritual insights, making complex ideas accessible to a general audience.

Other Notable Writings and Contributions

Besides his major book, Bentov authored numerous articles and papers that delve into similar themes. His writings often discuss the role of vibration, resonance, and energy fields in shaping reality. Bentov's work has been featured in various journals focused on consciousness research and alternative science. His contributions extend beyond print, influencing lectures and workshops on mind-body dynamics and holistic health.

Key Themes and Concepts in Bentov's Writings

A thorough examination of Itzhak Bentov author's works reveals recurring themes and innovative concepts that have enriched the discourse surrounding consciousness and reality. These themes offer insight into his holistic vision and scientific curiosity.

Consciousness as a Vibrational Phenomenon

Bentov proposed that consciousness operates through vibrational frequencies that resonate throughout the human body and beyond. This view challenges traditional materialistic perspectives by suggesting that consciousness is a dynamic process rather than a static entity. Bentov's hypothesis aligns with modern theories in quantum physics and biophysics that consider energy and vibration as fundamental aspects of existence.

Microcosm and Macrocosm Connection

Another key concept in Bentov's writing is the analogy between the human body (microcosm) and the universe (macrocosm). He theorized that the patterns and structures governing the cosmos are mirrored within the human organism, creating a fractal-like relationship. This concept underscores the interconnectedness of all things and the idea that understanding oneself can lead to insights about the universe.

The Role of the Chakras and Energy Centers

Bentov integrated ideas from Eastern spiritual traditions, particularly the chakra system, into his scientific framework. He described chakras as energy centers that correspond to specific vibrational frequencies within the body. By exploring these centers, Bentov aimed to bridge the gap between ancient wisdom and modern science, offering a comprehensive view of human health and consciousness.

Scientific and Spiritual Integration in Bentov's Philosophy

One of the defining features of Itzhak Bentov author's work is the seamless integration of scientific principles with spiritual inquiry. Bentov sought to dissolve the boundaries between empirical research and mystical experience, proposing that both are necessary to fully understand reality.

Engineering Principles Applied to Consciousness

Bentov's background as an engineer influenced his approach to studying consciousness. He used mechanical analogies, such as the pendulum and resonance phenomena, to explain how consciousness might function as a measurable energy system. This practical perspective helped ground his metaphysical ideas in observable phenomena and opened new avenues for scientific exploration.

Bridging Eastern Mysticism and Western Science

Bentov's writings demonstrate a deep respect for Eastern philosophies, particularly those related to meditation, energy flow, and spiritual awakening. By incorporating these elements into a scientific framework, he contributed to a growing movement that seeks to unify Western empirical methods with Eastern experiential knowledge. This synthesis has influenced contemporary fields such as transpersonal psychology and integrative medicine.

Implications for Health and Healing

In Bentov's view, understanding the vibrational nature of consciousness and the body has practical implications for health and healing. He suggested that aligning the body's energy centers and tuning into specific frequencies could promote well-being and spiritual growth. This idea has parallels in modern holistic and alternative medicine practices.

Legacy and Influence of Itzhak Bentov Author

The impact of Itzhak Bentov author's work extends beyond his lifetime, influencing a wide range of disciplines and inspiring ongoing research into consciousness and spirituality. His innovative ideas continue to resonate with scientists, spiritual seekers, and holistic practitioners alike.

Impact on Consciousness Studies

Bentov's theories about consciousness as a vibrational field have contributed to the foundation of modern consciousness studies. Researchers exploring the mind-body connection, quantum consciousness, and energy medicine often reference his work as pioneering and insightful. His interdisciplinary approach has encouraged collaboration between scientists and metaphysicians.

Influence on Spiritual and Holistic Communities

Within spiritual and holistic health communities, Bentov is regarded as a visionary who helped legitimize the integration of science and spirituality. His explanations of chakras, energy fields, and cosmic interconnectedness have been embraced by practitioners of meditation, yoga, and energy healing modalities.

Continued Relevance in Modern Discourse

Decades after his initial publications, Itzhak Bentov author's ideas remain relevant in discussions

about the nature of reality and human potential. His work is frequently cited in books, lectures, and research that seek to explore the frontiers of consciousness, demonstrating the enduring value of his intellectual contributions.

Summary of Key Contributions

- Development of a vibrational model of consciousness linking body and cosmos
- Integration of engineering concepts with metaphysical inquiry
- Promotion of holistic health through energy-centered healing approaches
- Bridging Eastern spiritual traditions with Western scientific paradigms
- Inspiration for interdisciplinary research in consciousness studies

Frequently Asked Questions

Who is Itzhak Bentov?

Itzhak Bentov was an Israeli-American scientist, inventor, and author known for his work in consciousness studies, physiology, and spirituality.

What are some notable books written by Itzhak Bentov?

Itzhak Bentov is best known for his books 'Stalking the Wild Pendulum' and 'A Book on the Taboo Against Knowing Who You Are,' which explore consciousness, the nature of reality, and human perception.

What is the main theme of Itzhak Bentov's work?

The main theme of Bentov's work revolves around the intersection of science and spirituality, particularly the exploration of consciousness, the human mind, and the nature of reality.

When did Itzhak Bentov live?

Itzhak Bentov was born in 1922 and passed away in 1979.

How did Itzhak Bentov contribute to science and spirituality?

Bentov contributed by combining his scientific background with spiritual inquiry, proposing innovative ideas about consciousness, bodily awareness, and the universe, bridging gaps between physics and metaphysics.

What is 'Stalking the Wild Pendulum' about?

'Stalking the Wild Pendulum' is a book by Itzhak Bentov that explores the mechanics of the human body and consciousness, using the metaphor of a pendulum to discuss vibrations, energy, and higher states of awareness.

Why is Itzhak Bentov considered influential in consciousness studies?

Bentov is considered influential because he introduced scientific perspectives to spiritual concepts, helping to legitimize consciousness studies and influencing later researchers in the fields of mind-body science and metaphysics.

Did Itzhak Bentov have a background in engineering or physics?

Yes, Itzhak Bentov had a background in engineering and applied his knowledge to his research and writings on the human body and consciousness.

Where can I find Itzhak Bentov's books?

Itzhak Bentov's books are available in most major bookstores, online retailers like Amazon, and digital platforms such as Kindle and Audible.

Additional Resources

1. *Stalking the Wild Pendulum: On the Mechanics of Consciousness*

This groundbreaking book by Itzhak Bentov explores the intricate relationship between consciousness and the physical universe. Bentov combines his knowledge of engineering and mysticism to propose that human consciousness is deeply connected to the vibrations and rhythms of the cosmos. The book delves into topics such as meditation, quantum mechanics, and the nature of reality, offering readers a unique perspective on the mind-body connection.

2. *The Mechanical Universe: An Engineer's Exploration of Consciousness*

In this work, Bentov brings his expertise in engineering to bear on the mysteries of the human mind. He examines how mechanical principles can explain various phenomena of consciousness and spiritual experiences. The book serves as a bridge between science and spirituality, providing a scientific framework for understanding mystical states.

3. *Exploring Consciousness: The Science and Spirit of Human Awareness*

Bentov investigates the layers and dimensions of consciousness, combining scientific inquiry with spiritual insights. This book discusses the evolution of human awareness and the potential for expanding perception beyond ordinary experience. Readers are encouraged to consider consciousness as a dynamic and multifaceted aspect of existence.

4. *The Inner Universe: Understanding the Body, Mind, and Spirit Connection*

This title focuses on the interconnectedness of physiological processes with mental and spiritual health. Bentov explains how the body's electromagnetic and vibrational systems influence

consciousness and emotional well-being. The book offers practical techniques for harnessing this connection to achieve greater harmony and health.

5. *Quantum Mysticism: The Physics of Spiritual Experience*

Bentov explores the parallels between quantum physics and mystical traditions, suggesting that both reveal fundamental truths about reality. He discusses phenomena such as entanglement and wave-particle duality in the context of spirituality and consciousness. The book is a thought-provoking examination of how science and spirituality intersect.

6. *The Vibrational Self: Harnessing Energy for Healing and Growth*

This book delves into the concept of vibrational energy as the foundation of life and consciousness. Bentov provides insights into how individuals can tune their personal vibrations to promote healing, mental clarity, and spiritual development. Techniques such as meditation and breathwork are highlighted as tools for accessing higher states of being.

7. *Consciousness and the Cosmos: Bridging Science and Spirituality*

Bentov presents a holistic view of the universe where consciousness is a fundamental component. He discusses scientific discoveries alongside ancient spiritual teachings to illustrate the unity of all existence. The book encourages readers to explore the cosmos not just externally, but as an inner journey of awareness.

8. *The Mind's Eye: Visualizing and Manifesting Reality*

This work explores the power of visualization and intention in shaping personal reality. Bentov combines psychological principles with spiritual practices to explain how focused thought can influence the physical world. The book offers practical exercises to develop mental imagery skills and manifest desired outcomes.

9. *Energy Fields and Human Potential: Unlocking the Secrets of the Subtle Body*

Bentov investigates the subtle energy systems within and around the human body, such as chakras and auras. He explains their role in physical health, emotional balance, and spiritual awakening. The book includes methods for sensing and enhancing these energy fields to unlock greater human potential.

Itzhak Bentov Author

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itzhak bentov author: Stalking the Wild Pendulum Itzhak Bentov, 1988-02-01 In his exciting and original view of the universe, Itzhak Bentov has provided a new perspective on human consciousness and its limitless possibilities. Widely known and loved for his delightful humor and imagination, Bentov explains the familiar world of phenomena with perceptions that are as lucid as they are thrilling. He gives us a provocative picture of ourselves in an expanded, conscious, holistic universe.

itzhak bentov author: A Brief Tour of Higher Consciousness Itzhak Bentov, 2000-04 Anyone

interested in the inner reaches of the mind, the greater structure of the cosmos, and the spiritual evolution of humanity will find this book an informed and delightful read. Bentov explains the Kabbalistic principles of number and sound, the meaning of cosmic symbols, and ultimately, shows that the universe and thought are inseparable.

itzhak bentov author: *Vibrational Healing Through the Chakras* Joy Gardner, 2014-11-12 Every life form is made up of vibrations that coincide with the harmonic frequency to which all life is attuned. The vibrations of the body easily go out of tune when a person is exposed to physical or emotional stress. *Vibrational Healing Through the Chakras* provides the most up-to-date information on the use of vibrational tools such as crystals, aromas, sounds, bodywork, and homeopathy to help the body remember its own healthy harmonic resonance. Author Joy Gardner offers this in-depth look at vibrational healing for people interested in improving their own health and well-being, as well as those who want to become practitioners of this gentle art. Explore how to use vibrations to release old dysfunctional patterns in the body-mind and replace them with new patterns that resonate with the body's own healthy frequencies. • An in-depth resource guide to using vibrational tools at the chakra points to heal the body and mind. • Includes a detailed explanation of chakras and the human energy field and how to heal with a variety of tools including colors, crystals, aromatherapy, and light.

itzhak bentov author: *The Unicorn's Secret* Steven Levy, 2016-11-08 The true story of Ira Einhorn, the Philadelphia antiwar crusader, environmental activist, and New Age guru with a murderous dark side. During the cultural shockwaves of the 1960s and '70s, Ira Einhorn—nicknamed the Unicorn—was the leading radical voice for the antiwar movement at the University of Pennsylvania. At his side were such noted activists as Abbie Hoffman and Jerry Rubin. A brilliantly articulate advocate for peace in a turbulent era, he rallied followers toward the growing antiestablishment causes of free love, drugs, and radical ecological reform. In 1979, when the mummified remains of his girlfriend, Holly Maddux, a Bryn Mawr flower child from Tyler, Texas, were found in a trunk in his apartment, Einhorn claimed a CIA frame-up. Incredibly, the network of influential friends, socialites, and powerful politicians he'd charmed and manipulated over the years supported him. Represented by renowned district attorney and future senator Arlen Specter, Einhorn was released on bail. But before trial, he fled the country to an idyllic town in the French wine region and disappeared. It would take more than twenty years—and two trials—to finally bring Einhorn to justice. Based on more than two years of research and 250 interviews, as well as the chilling private journals of Einhorn and Maddux, prize-winning journalist Steven Levy paints an astonishing and complicated portrait of a man motivated by both genius and rage. The basis for 1998 NBC television miniseries *The Hunt for the Unicorn Killer*, *The Unicorn's Secret* is a spellbinding sociological/true crime study, revealing the dark and tragic dimensions of a man who defined an era, only to shatter its ideals (Publishers Weekly).

itzhak bentov author: *The Divining Mind* T. E. Ross, Richard D. Wright, 1990-12-01 The art of divining, or dowsing, has for years been cloaked in mystery and superstition. Recognized by some as a means of finding water and minerals, it is actually a method for anyone to develop intuitive skills. This thought-provoking book demystifies dowsing and presents this ancient science as a powerful tool for self-knowledge. Includes a brief history of dowsing, and step-by-step instructions for learning to use L-rods, Y-rods, and pendulums, as well as non-device dowsing. Shows how dowsing is used for locating water, gold and other minerals, buried artifacts, ancient ritual sites, and in police work to help find missing persons.

itzhak bentov author: *Awaken* Rosalie Deer Heart, 2011-07-21 This book contains recent research about love and the hearts connection to the spiritual journey and healing; specific strategies that focus your creativity and spirituality to increase your healing capacities; proven methods to align your life with your soul purpose and to empower you to move beyond ego into the essence of who you truly are; activities to help you consciously access your intuition and receive specific guidance to empower your goals; information about past life times, karma, and the akashic records to empower you to deepen into your multidimensional nature and experience increased

emotional, mental, and spiritual freedom; exercises to help you experience more depth, intimacy, connection with your soul and joy.

itzhak bentov author: Miracles... and Other Ordinary Things Lana Ford, 1995-10-01 What do you feel when a physician tells you that you have a brain tumor and that you are going to die in a few months? How do you cope with two children under the age of three when the tumor leads to blindness? How do you make sense of your life when the physician, angry that you didn't die, mumbles that he will now have to treat you as if you have multiple sclerosis? Lana Ford was faced with these questions and began to answer them one by one over a two-year period. She was forced to examine the meaning of life, to sort through her beliefs about health and illness, living and dying, and to discard all the cultural programming she had accepted since childhood. Then she began to play with inventing other realities, visualizing the internal workings of her own body, and refusing to believe in anything outside her own experience. She trusted only the inner wisdom found in meditation, including exploration of past lives and conversations with angels. Her body began healing, and within months, she was symptom free and has remained so for more than twenty years. Yet at the time, she knew in her heart that no one would believe her story. In the twenty years following her illness, she has been a seeker of wisdom, finding information from ancient texts; asking for translations of the Hebrew she found herself chanting; studying with eminent astrologers, theologians, shamans, quantum physicists, and those on the leading edge exploring realms of consciousness. With both humor and scientific evidence she shares the wisdom she found -- that miracles lie in the mysterious interpretations we make of the events in our own lives and the connections we make with each other.

itzhak bentov author: *BodyDreaming in the Treatment of Developmental Trauma* Marian Dunlea, 2019-04-24 Winner of the NAAP 2019 Gradiva® Award! Winner of the IAJIS Book Award for Best Book published in 2019! Marian Dunlea's *BodyDreaming in the Treatment of Developmental Trauma: An Embodied Therapeutic Approach* provides a theoretical and practical guide for working with early developmental trauma. This interdisciplinary approach explores the interconnection of body, mind and psyche, offering a masterful tool for restoring balance and healing developmental trauma. BodyDreaming is a somatically focused therapeutic method, drawing on the findings of neuroscience, analytical psychology, attachment theory and trauma therapy. In Part I, Dunlea defines BodyDreaming and its origins, placing it in the context of a dysregulated contemporary world. Part II explains how the brain works in relation to the BodyDreaming approach: providing an accessible outline of neuroscientific theory, structures and neuroanatomy in attunement, affect regulation, attachment patterns, transference and countertransference, and the resolution of trauma throughout the body. In Part III, through detailed transcripts from sessions with clients, Dunlea demonstrates the positive impact of BodyDreaming on attachment patterns and developmental trauma. This somatic approach complements and enhances psychobiological, developmental and psychoanalytic interventions. BodyDreaming restores balance to a dysregulated psyche and nervous system that activates our innate capacity for healing, changing our default response of fight, flight or freeze and creating new neural pathways. Dunlea's emphasis on attunement to build a restorative relationship with the sensing body creates a core sense of self, providing a secure base for healing developmental trauma. Innovative and practical, and with a foreword by Donald E. Kalsched, *BodyDreaming in the Treatment of Developmental Trauma: An Embodied Therapeutic Approach* will be essential reading for psychotherapists, analytical psychologists and therapists with a Jungian background, arts therapists, dance and movement therapists, and body workers interested in learning how to work with both body and psyche in their practices.

itzhak bentov author: *American Jews with Czechoslovak Roots* Miloslav Rechcigl Jr., 2018-06-19 This is a pioneering, comprehensive bibliography of existing publications relating to American Jews with ancestry in the former Czechoslovakia and its successor states, the Czech and the Slovak Republics, which has never before been attempted. Since only a few studies have been written on the subject, the present work has been extended to include biobibliography, in which area a plethora of papers and monographs exist. Consequently, this compendium can also be viewed as a

comprehensive listing of biographical sources relating to American Jews with the Czechoslovak roots. As the reader will find out, they have been involved, practically, in every field of human endeavor, in numbers that surprise. As for the definition of Jews, the present work encompasses not only the individuals that have professed in Judaism but also the descendants of the former Jews who originally lived on the territory of the former Czechoslovakia, regardless of the generation or where they were born.

itzhak bentov author: *Maharishi & Me* Susan Shumsky, 2018-02-13 Susan Shumsky is a successful author in the human potential field. But in the 1970s, in India, the Swiss Alps, and elsewhere, she served on the personal staff of the most famous guru of the 20th century—Maharishi Mahesh Yogi. Maharishi died in 2008 at age ninety, but his influence endures through the spiritual movement he founded: TM (Transcendental Meditation). Other books have been written about him, but this spellbinding page-turner offers a rare insider's view of life with the guru, including the time the Beatles studied at his feet in Rishikesh, India, and wrote dozens of songs under his influence. Both inspirational and disturbing, Maharishi and Me illuminates Susan's two decades living in Maharishi's ashrams, where she grew from a painfully shy teenage seeker into a spiritually aware teacher and author. It features behind-the-scenes, myth-busting stories, and over 100 photos of Maharishi and his celebrity disciples (the Beatles, Deepak Chopra, Mia Farrow, Beach Boys, and many more). Susan's candid, honest portrayal draws back the curtain on her shattering, extreme emotional seesaws of heaven and hell at her guru's hands. This compelling, haunting memoir will continue to challenge readers long after they turn its last page. It dismantles all previous beliefs about the spiritual path and how spiritual masters are supposed to behave. Susan shares: "Merely by being in his presence, we disciples entered an utterly timeless place and rapturous feeling, and, at the same time, realized the utter futility and insanity of the mundane world." Susan's heartfelt masterwork blends her experiences, exacting research, artistically descriptive and humorous writing, emotional intelligence, and intensely personal inner exploration into a feast for thought and contemplation. Neither starry-eyed nor antagonistic, it captures, from a balanced viewpoint, the essence of life in an ashram.

itzhak bentov author: *Music* , 1991-01-01 Each morning, as we hum or chant or strum, we can celebrate the renewal of our path with our own humble offering of the glorious gift called music. This book offers a panorama of ways music can nourish our lives.---Paul Winter, award-winning musician and composer. As ancient peoples knew, music profoundly affects body, mind, and spirit. It can speed recovery from disease, heal psychological wounds, and open us to the ultimate mystery of life. Celebrated author and educator Don Campbell presents an impressive anthology of essays exploring the latest scientific research about the healing use of sound in traditional cultures. Contributors include composers, musicians, and music therapists; doctors and psychologists; pioneers in neuroscience and biophysics; and teachers in diverse spiritual traditions. They address such fascinating topics as: Why chanting increases energy; The therapeutic use of sacred music; Gender differences in healing with sound; How sonic resonance positively affects heart rate and brain activity.

itzhak bentov author: *Yoga Journal* , 1988-09 For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

itzhak bentov author: *The Secrets of Charisma* Doe Lang, 1992-05 In this easy-to-use program, international authority Dr. Doe Lang shows readers how to convert anger and conflict into positive energy and new-found power, sharpen intuition and increase productivity, develop positive body language, and more. One of the best self-help books I've seen.--Liz Smith.

itzhak bentov author: *Homo Luminous* Kiara Windrider, 2023-08-19 This book, *Homo Luminous*, is a companion to *Gaia Luminous*. While *Gaia Luminous* provides a road map to understanding and creating the New Earth, *Homo Luminous* is an eminently practical guide for

building the energy structures within our bodies to manifest our latent multi-dimensional destiny as divine humans. There are several sources of insight woven together here. We begin with the shamanic traditions, which are about learning to see differently, and specifically the Q'ero Inka tradition, which offers uniquely simple and powerful practices for opening doorways between the worlds. There are practices from the Ilahinoor tradition birthed in Turkey, designed to open doorways between various structures of the mind, and to anchor galactic frequencies of light into the cells of our physical bodies. The Advaita traditions of India offer a glimpse into who we are, not simply as a philosophy to nourish the mind but also as a way of empowering ourselves as creators of destiny. We are both divine and human, creator and creation, and the distinction between them melts away as we understand these truths. Integral Yoga, the supramental vision of Sri Aurobindo and the Mother, allows us to envision and manifest an entirely new species of humanity no longer bounded by separation and duality, but genetically programmed to live in states of cosmic awareness and unity. And finally, there are insights from neuroscience, evolutionary biology, astrophysics, plasma cosmology and systems theory, which provide clues for what collective human evolution might look like.

itzhak bentov author: Lotus and the Pool Hilda Lee Dail, 1989-06-03 This book offers a totally new, holistic approach to career development, involving the wisdom of the unconscious—expressed in dreams, symbols, personal myths, intuitions, and memories—as well as the analytical skills needed to set goals and plan strategies. It is designed for anyone who has to make important life decisions—whether in choosing a field, changing careers, trying to get more satisfaction out of work, planning for retirement, or reentering the job market. Based on the principles of creativity as revealed in the world's creation myths and in the techniques of artists, poets, and inventors, the book presents a ten-step process of creative career development. Case histories from the author's counseling practice demonstrate the process at work, and a workbook section gives exercises to help readers: • Examine past successes for clues to aptitude and values • Analyze the success factors that characterize their achievements • Use imaging and other creativity techniques to discover their own inner symbols and personal myths • Develop an action plan for finding or creating their ideal career

itzhak bentov author: Beyond 2012: Catastrophe or Awakening? Geoff Stray, 2009-05-21 An illustrated, encyclopedic overview of the prophecies, calendars, and theories that indicate the year 2012 is a threshold of great change for humanity • Looks at the scientific and anthropological evidence for the rare galactic alignment due to occur in December 2012 • Sifts through the catastrophic theories to show what we might really expect in 2012 In December of 2012 the Mayan Calendar's Great Cycle will come to an end. Opinion remains divided as to whether apocalyptic scenarios of worldwide destruction or utopian visions of a spiritually renewed humanity will prevail after this key date has passed. What is certain, however, is that a rare galactic alignment will occur, one so unique that it is found at the core of many wisdom traditions from around the globe. Geoff Stray has been collecting the vast amounts of data relating to the 2012 phenomena since 1982. Far from confining his research to the Maya, who provide the most prominent predictions indicating this date will herald significant changes for humanity, he has studied the prophetic traditions of other cultures—including the Tibetan, Chinese, Jewish, Ethiopian, and tribal cultures from around the globe—to show the kind of convergence of cosmic purposes happening along a number of parallel tracks. This book offers an extensive study of many modern theories, including Terence McKenna's timewave zero and Maurice Cotterell's sunspot research as well as anomalous phenomena such as near death experiences and crop circles. Sifting through all the scientific research and speculation that the year 2012 has inspired, Geoff Stray provides an encyclopedic look at what we might really expect on this pivotal date.

itzhak bentov author: Haunted Ground Darryl V. Catherine, 2011-08-10 This fascinating and insightful tour through present-day meetings of Spiritualists, UFOlogists, and dowsers illuminates our obsession with the paranormal and challenges the misunderstanding of the paranormal as a marginal or inconsequential feature of America's religious landscape. According to a 2005 Gallup

poll, 75 percent of Americans believe in some form of paranormal activity. The United States has had a collective fascination with the paranormal since the mid-1800s, and it remains an integral part of our culture. *Haunted Ground: Journeys through a Paranormal America* examines three of the most vibrant paranormal gatherings in the United States—Lily Dale, a Spiritualist summer camp; the Roswell UFO Festival; and the American Society of Dowsters' annual convention of water witches—to explore and explain the reasons for our obsession with the paranormal. Both academically informed and thoroughly entertaining, this book takes readers on a road trip through our nation, guided by professor of American religion Darryl V. Catherine, PhD. The author interprets seemingly unrelated case studies of phantasmagoria collectively as an integral part of the modern discourse about nature as ultimate reality. Along the way, Dr. Catherine reveals how Americans' interest in the paranormal is rooted in their anxieties about cultural, political, and economic instability—and in a historic sense of alienation and homelessness.

itzhak bentov author: *The Divine Matrix* Gregg Braden, 2010 THE DIVINE MATRIX Are the miracles that we see in the quantum world actually showing us our greatest possibilities rather than our scientific limits? Could the spontaneous healing of disease, an instant connection with everyone and everything, and even time travel, be our true heritage in the universe? There is a place where all things begin, the place of pure energy that simply "is." In this quantum incubator for reality, everything is possible. In 1944, Max Planck, the father of quantum theory, shocked the world by saying that this "matrix" is where the birth of stars, the DNA of life, and everything between originates. Recent discoveries reveal dramatic evidence that Planck's matrix - The Divine Matrix - is real. It is this missing link in our understanding that provides the container for the universe, the bridge between our imagination and our reality, and the mirror in our world for what we create in our beliefs. To unleash the power of this matrix in our lives, we must understand how it works and speak the language that it recognizes. For more than 20 years, Gregg Braden, a former senior aerospace computer systems designer, has searched for the understanding to do just that. From the remote monasteries of Egypt, Peru, and Tibet to the forgotten texts that were edited by the early Christian church, the secret of the Divine Matrix was left in the coded language of our most cherished traditions. It is verified in today's science. In this paradigm-shattering book, Gregg shares what he's found. Through 20 keys of conscious creation, we're shown how to translate the miracles of our imagination into what is real in our lives. With easy-to-understand science and real-life stories, Gregg shows us that we're limited only by our beliefs, and what we once believed is about to change!

itzhak bentov author: *Future Memory* P.M.H. Atwater, 2025-09-12 There are many different paths to the future. According to P.M.H. Atwater, one of the foremost investigators into near-death experiences, future memory allows people to live life in advance and remember the experience in detail when something triggers that memory. Atwater explains the unifying, and permanent, effect of that experience is a brain a brain shift which she believes may be at the very core of existence itself. In *Future Memory*, Atwater shows that structural and chemical changes are occurring in our brains, changes indicative of higher evolutionary development. This mind-blowing exploration of a mind-blowing topic traces her findings about this phenomenon and explores its implications for the individual and for society. *Future Memory*: Provides a series of steps to assist in developing future memory Explores new models of time, existence, and consciousness Presents an in-depth study of the brain shift and how it can be experienced Offers an extensive appendix and resource manual *Future Memory* is an important step in understanding the relationship between human perception and reality.

itzhak bentov author: *Vibrational Medicine* Richard Gerber, 2001-03-01 The original comprehensive guide to energetic healing with a new preface by the author and updated resources.

- More than 125,000 copies sold.
- Explores the actual science of etheric energies, replacing the Newtonian worldview with a new model based on Einstein's physics of energy.
- Summarizes key points at the end of each chapter to help the serious student absorb and retain the wealth of information presented.

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